

KEEP ELECTRONICS OUT OF THE TRASH

- Keep your cell phones, computers, and other electronics as long as possible.
- Donate or recycle them when the time comes. E-waste contains mercury and other toxins and is a growing environmental problem.

SAVE ENERGY TO SAVE MONEY

- Set your thermostat a few degrees lower in winter and a few degrees higher in summer to *SAVE* energy and energy costs. Install ceiling fans to lessen the use of air conditioners.
- Install compact **fluorescent light bulbs** (CFLs) to *SAVE* energy and money.
- **Unplug appliances** when you're not using them. Or, use a "smart" power strip that senses when appliances are off and cuts "phantom" energy use. This *SAVES* money and energy.
- Wash clothes in cold water when possible. As much as **85%** of the energy used in one load of laundry goes to heating the water.
- Use a **drying rack** or **clothesline** to *SAVE* energy used by a dryer. If you use a dryer, add **dryer balls** to cut drying time. These balls tumble between the clothes, maximizing the clothes' contact with the warm air pockets they create. Dryer balls also fluff your clothes which eliminates the need for dryer sheets.

SAVE WATER TO SAVE MONEY

- **Take shorter showers** to reduce water use, which will lower your water and heating bills.
- Install a **low-flow showerhead**. They are inexpensive, and the water and energy *SAVINGS* will pay back your investment quickly.
- Install a **faucet aerator** on each faucet. They are also inexpensive. They conserve heat and water, while keeping water pressure high. More energy and money *SAVED!*
- **Plant drought-tolerant native plants** in your garden. Find out which occur naturally in your area.

LESS GAS = MORE MONEY AND BETTER HEALTH!

- **Walk or bike to work.** *SAVE* gas and cash while improving your cardiovascular health.
- Consider telecommuting if you live far from your work. Or – move closer.
- **Keep your tires filled with the proper air pressure.**

SKIP THE BOTTLED WATER

- **Use a water filter to purify tap water** instead of buying bottled water. This *SAVES* you money and there will be less container waste.
- Use a reusable water bottle, preferably aluminum rather than plastic.

Even just one person following the above will make a difference but doing this together will make an extraordinary and everlasting impact on the environment!

Thank you!